

How to get a Form 2 under the Mental Health Act of Ontario

In the Downtown Toronto Area

St. Michael's
Inspired Care.
Inspiring Science.

What is a Form 2?

A Form 2 is an “Order for Examination” under the Mental Health Act of Ontario, signed by the Justice of the Peace. It is an order for an assessment by a doctor.

A Form 2 is based on sworn statements from a family member or someone who closely knows your loved one.

Once you get the Form 2, it allows the police to bring your loved one to the hospital for an assessment. This usually happens within the hospital emergency department.

When do I get a Form 2?

If you think your loved one is suffering from a mental illness...

And any of the following...

- You think they may be a danger to themselves
- You think they may be a danger to others
- You think they are not able to care for themselves in a way that puts them in danger

You may get a Form 2 to get your loved one examined by a doctor.

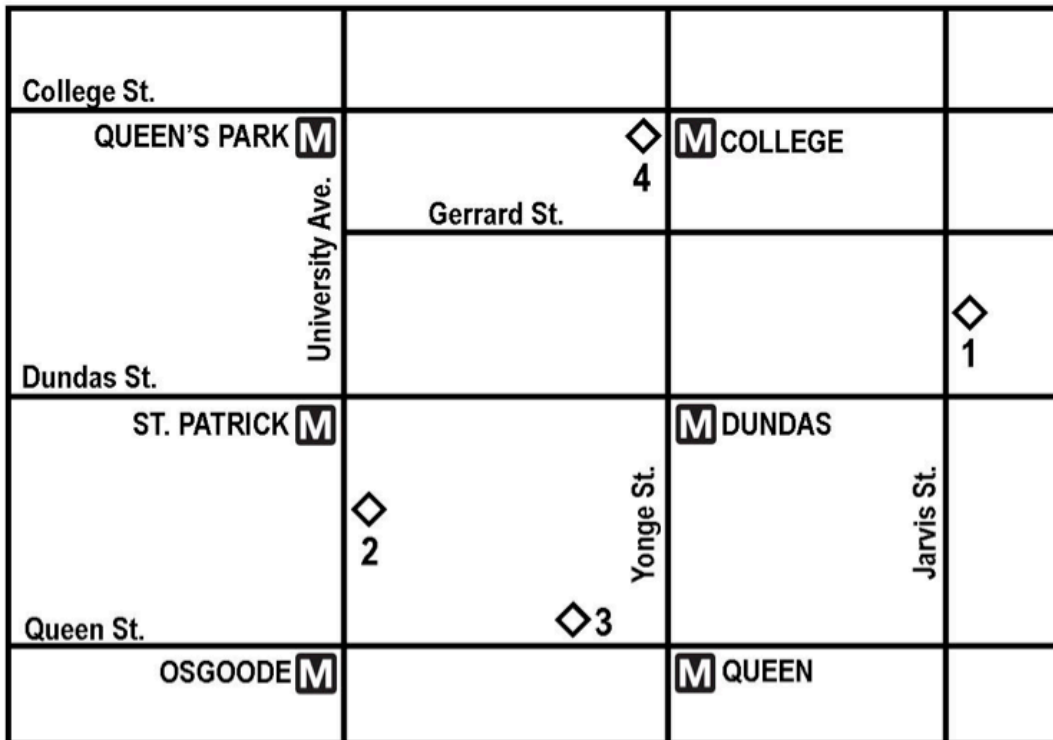
How do I get a Form 2?

Go to the court house closest to you between the hours of 8:30 a.m. to 4:00 p.m. from Monday to Friday and ask for the Justice of the Peace.

Justice of the Peace Locations around St. Michael's

Hours: Monday to Friday, 8:30 a.m. to 4:00 p.m.

- | | |
|---|--------------|
| 1. 311 Jarvis Street | 416-327-6876 |
| 2. 361 University Ave. | 416-327-5284 |
| 3. 60 Queen Street West - Old City Hall | 416-327-5614 |
| 4. 444 Yonge Street, College Park – 2nd Floor | 416-325-8950 |



What do I need to bring?

- Your photo ID
- As much information as possible about:
 - the medical and psychiatric condition of your loved one
 - any history of violence, the presence of weapons (type and location)
 - where your loved one may be found
- Phone number to contact you
- Recent picture of your loved one (if possible)

What will happen when I get to the office of the Justice of the Peace?

1. Tell the receptionist you are there to get a Form 2
2. Complete the application form for a Form 2 (See example on page 6-7)
 - Explain the situation, including: what is happening now
 - Give information on history of mental illness, harm to self, harm to others, not able to care for themselves in a way that puts them in danger, hospital stays and treatments
3. Meet with the Justice of the Peace to swear by your statements
4. Wait for the Justice of the Peace to decide about the Form 2

What do I do when I get the Form 2?

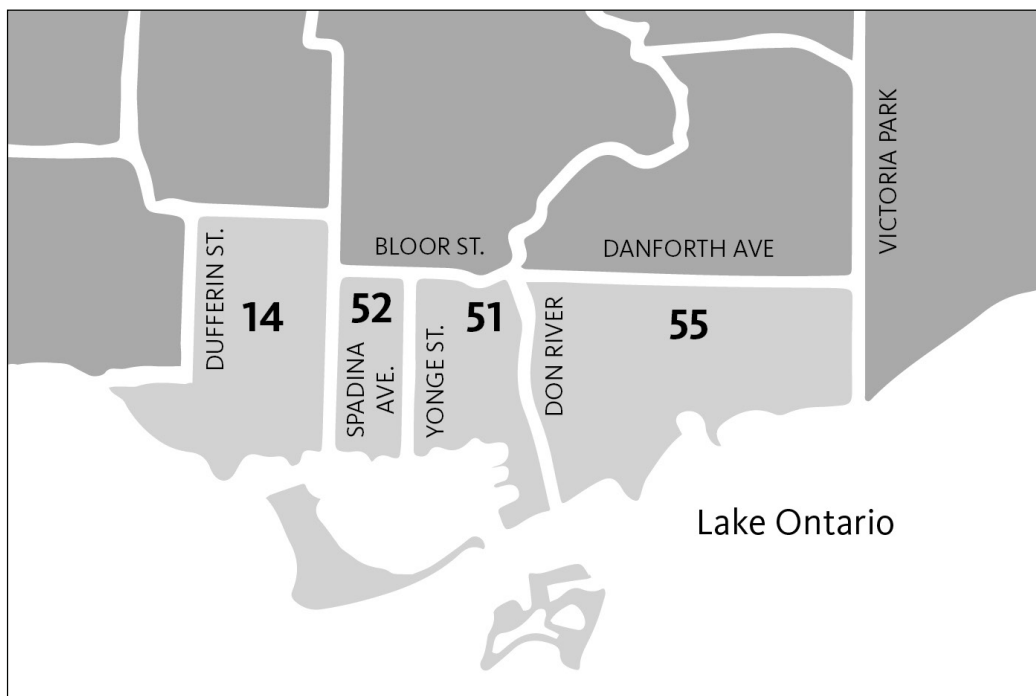
As soon as you have the Form 2, bring it to the police. Go to the police station closest to where you think your loved one is. If the police cannot find your loved one in 7 days, a new Form 2 is needed to bring your loved one to hospital.

Give the police officer the Form 2 and:

- Show your ID
- Give your telephone number to contact you
- Ask the police officer to bring your loved one to a specific hospital, if your loved one already goes there for help
- Ask the police officer for the case number for your application. You will use this for any future questions
- Ask the police officer for a copy of the Form 2

Police Stations around St. Michael's

- #14 Police Station - 350 Dovercourt Road 416-808-1400
- #51 Police Station - 51 Parliament Street 416-808-5100
- #52 Police Station - 255 Dundas Street West 416-808-5200
- #55 Police Station - 101 Coxwell Avenue 416-808-5500



What do I do if a Form 2 is not granted?

You can...

- Go back to the Justice of the Peace to apply again the next day. If you feel you have left out important information, add it to a new application for a Form 2
- For immediate help, if you or your loved one are in danger, call 911 and ask for the Mobile Crisis Intervention Team
- Call a crisis service in your area

Non-Emergency Crisis Service around St. Michael's

Gerstein Centre

- 24 Hours a day, 7 days a week Mental Health Crisis Line
Call 416-929-5200
- Crisis bed (3 to 5 day stay) - call 416-929-5200

Gerstein on Charles (10 crisis beds)	Gerstein on Bloor (5 female crisis beds)
100 Charles Street East Toronto, ON M4Y 1V3 (Near Jarvis Street and Charles Street.)	1045 Bloor Street West Toronto, ON M6H 1M1 (Between Dufferin Street and Ossington Avenue.)

For emergencies: Call 911 or go to the nearest hospital emergency room.

Example of how to fill out the application for Form 2



Ministry
of
Health

Form 2
Mental Health Act

Order for Examination
under Section 16

Clear Form

To the police officers of Ontario.

Whereas information upon oath has been brought before me, a justice of the peace in and for the province of Ontario

by _____
(print full name of person bringing information)

of _____
(address of person bringing information)

in respect of _____
(print full name or other description of person to be examined)

of _____
(home address, if known)

Fill in the
identifying
information

Part A or Part B must be completed

Part A – Subsection 16 (1)

Information has been brought before me that such person

- has threatened or attempted or is threatening or attempting to cause bodily harm to himself or herself;
- has behaved or is behaving violently towards another person or has caused or is causing another person to fear bodily harm from him or her; or
- has shown or is showing a lack of competence to care for himself or herself.

In addition based upon the information before me I have reasonable cause to believe that the person is apparently suffering from mental disorder of a nature or quality that likely will result in,

- serious bodily harm to the person;
- serious bodily harm to another person, or
- serious physical impairment of the person.

Check any
relevant boxes.

Some examples for “lack of competence to care for self” and “serious physical impairment”:

- Wearing shorts and no shoes in negative 10 degree weather when outside
- Not eating or drinking
- Giving away all valuable belongings to strangers
- Stopped showering for 1 month
- Not able to sleep at night for days
- Locked self in room for long period of time and refusing contact with others

Note: Changes in your loved ones’ behaviors are not limited to above examples.

Fill out Part B if:

- Your loved one has a mental health diagnosis
- Gets better with treatment
- When untreated, may cause harm to self, harm to others, not able to care for themselves in a way that puts them in danger
- You believe they are currently suffering from the same mental health concern

Part B – Subsection 16 (1.1)

Information has been brought before me that such person

- a) has previously received treatment for mental disorder of an ongoing or recurring nature that, when not treated, is of a nature or quality that likely will result in serious bodily harm to the person or to another person or substantial mental or physical deterioration of the person or serious physical impairment of the person; and
- b) has shown clinical improvement as a result of the treatment;

In addition based upon the information before me I have reasonable cause to believe that the person,

- c) is apparently suffering from the same mental disorder as the one for which he or she previously received treatment or from a mental disorder that is similar to the previous one;
- d) given the person's history of mental disorder and current mental or physical condition, is likely to

- cause serious bodily harm to himself or herself,
- cause serious bodily harm to another person,
- suffer substantial mental or physical deterioration of the person, or
- suffer serious physical impairment of the person; and



Check any relevant boxes.

- e) is apparently incapable within the meaning of the *Health Care Consent Act*, 1996 of consenting to his or her treatment in a psychiatric facility and the consent of his or her substitute decision-maker has been obtained.

Some examples for “substantial mental or physical deterioration of the person” and “serious physical impairment”:

- Your loved ones’ words are not making sense
- Refusing to return home based on strange beliefs
- Refusing essential services (food, personal care) with belief of being harmed/followed
- Return of fixed, strong beliefs that are illogical to others
- Emailing employer/teacher with odd/illogical ideas, jeopardizing job/school

Note: Changes in your loved ones’ behaviors are not limited to above examples.

St. Michael's

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St. Michael's cares about your health. For reliable health information, visit our Patient and Family Learning Centre, room 6-004, 6th floor, Cardinal Carter Wing, or find us online at www.stmichaelshospital.com/learn

This information is not intended as a substitute for professional medical care. Ask your healthcare provider about this information if you have questions.