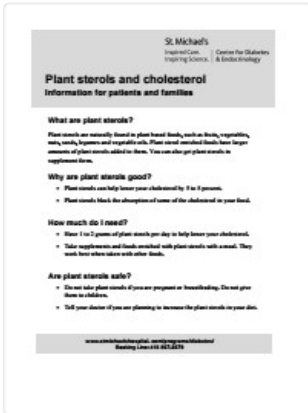


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Plant sterols and cholesterol

<https://smh.andornot.com/en/permalink/stm565>

Description:	This handout will give you information on plant sterols which are naturally found in plant based foods and can help lower your cholesterol
Format:	Patient Handout
Topics:	Diet and Nutrition Diabetes
Body Location:	Pancreas Endocrine System Kidney and Urinary System
Language:	English
Canadian Source:	Yes
Created By:	St Michael's
Hospital Department:	Diabetes and Endocrinology

Documents

73041_PE_Plant_sterols_and_cholesterol_Apr13_2016_V1.pdf

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