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## Soluble fibre and cholesterol

<https://smh.andornot.com/en/permalink/stm546>

Description:	This handout explains what soluble fibre is and how you can add it to your diet.
Format:	Patient Handout
Topics:	Diet and Nutrition Diabetes Healthy Living
Body Location:	Heart and Blood Vessels Pancreas Endocrine System Kidney and Urinary System
Language:	English
Canadian Source:	Yes
Created By:	St Michael's
Hospital Department:	Diabetes and Endocrinology

### Documents

72959\_PE\_Soluble\_fibre\_and\_cholesterol\_Jan19\_2016\_V1.pdf

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