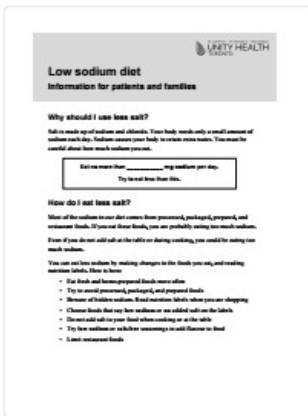


Unity Health Toronto - Patient and Family Education - Online Health Library



Low sodium diet

<https://smh.andornot.com/en/permalink/stm1110>

Description:	This handout has information on making food choices when you need to watch how much salt you eat.
Format:	Patient Handout
Topics:	Heart and Circulation Diet and Nutrition
Body Location:	Heart and Blood Vessels
Language:	English
Canadian Source:	Yes
Created By:	St Michael's
Hospital Department:	Nutrition

Documents

73950_PE_Low_sodium_diet_Oct10_2018_V2.pdf

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